

"School of The Year"

Northern Breezes SAILING SCHOOL

2017 MEDICINE LAKE YOUTH SAILING CAMP APPLICATION

Student's Name: Birth Date:

Student's Name: Birth Date:

Address:

City: State: Zip:

Prior Sailing Experience:

Height: Weight: Lifejacket size:

Grade Complete in School as of June 2017

Parent's E-mail Address:

Mother's Name: Day Phone: Evening Phone:

Father's Name: Day Phone: Evening Phone:

If you cannot be reached at the above phone numbers, please indicate a relative or friend that can authorize and consent to necessary emergency medical treatment:

1 Phone:

2 Phone:

Doctor/Clinic: Phone:

How did you hear about us?

Sessions are All Day 9am-4pm, Mornings 9am-Noon or Afternoons 1pm-4pm

Table with 3 columns: Dinghy Basic, Dinghy Advanced, Small Boat. Rows include Session 1-10 with Dates and Price.

\*No Camp on July 3rd & 4th Discount for multiple sessions: \*\* Ages 14 and older may add certification in Basic Small Boat (ASA 110) for an additional \$50.

Please circle the sessions in which you wish to enroll your sailor. Then return the form with course fee.

Session(s) All Day, Morning, Afternoon:

Amount: Check enclosed: Visa/MC #: Exp. Date: V-Code:

Name and Address for Credit Card:

Northern Breezes Sailing School, 3949 Winnetka Avenue North, Minneapolis, MN 55427

Phone: 763-542-9707 Fax: 763-542-8998 Email: info@sailingbreezes.com

## Medicine Lake Youth Sailing Camp Registration and Policy Guidelines

### Registration

To register, please fill out both sides of the application, sign and include payment for the full amount of the session you are registering for. If the session you have applied for is full, a full refund will be given or credited towards another session. Please make checks payable to: Northern Breezes Sailing School. Please mail registration and full payment to:

Northern Breezes Sailing School  
3949 Winnetka Ave. N.  
Minneapolis, MN 55427

### Confirmation

Confirmation of your registration will be e-mailed to you. Please provide your e-mail address on the front of this application form. If the session you applied for is full, you will be notified by phone or by e-mail. Every effort will be made to place you in another session or you can elect to be placed on a waitlist. All sessions are filled on a first-come, first-served basis.

### Session Cancellation Policy

If you wish to cancel, you must notify Northern Breezes Sailing School office at least one week prior to the start of the session to receive a refund. There will be no refunds given after that time. All refunds are subject to a \$30 cancellation fee.

### Weather/Illness Cancellation Policy

Classes will not be cancelled due to weather. When poor weather conditions occur, indoor sailing related activities are put into practice. Refunds or make-up classes will not be given due to weather or classes missed due to illness or injuries.

### Swimming Requirements

Parents or guardians must certify their child can swim. Children must be comfortable in and around water and be able to swim. A swimming check out with lifejacket on will be given on the first day of class. This will allow the staff to check the swimming abilities of your child. The staff will also conduct a water orientation with a sailboat in order to teach self-rescue techniques.

### Emergency Treatment Authorization

I/We the undersigned parent, parents, or legal guardian of \_\_\_\_\_, a minor, do hereby authorize and consent to any x-ray, examination, anesthetic, medical diagnosis rendered under the general or special supervision of any member of the medical staff licensed under the provisions of the Medicine Practice Act or a dentist licensed under the Dental Practice Act and on the staff of any acute general hospital from the State of Minnesota Department of Public Health. It is understood that this authorization is given in advance of any specific diagnosis, treatment, or hospital care being required but is given to provide authority and power to render care which the aforementioned physician in the exercise of his best judgment may deem advisable. It is understood that effort shall be made to contact the undersigned prior to rendering treatment to the patient, but that any of the above treatment will not be withheld if the undersigned cannot be reached.

### Release

The undersigned parent/guardian recognizes that an element of risk is involved in all water sports, including sailing. Therefore, to induce the Northern Breezes Sailing School to accept his/her child into Northern Breezes Sailing School, the undersigned parent/guardian covenants and agrees to hold harmless and indemnify the Northern Breezes Sailing School, its officers, directors, employees, and agents from any and all claims, losses, damages, fees and liability growing out of or in any manner related to injury to a person or damage to any property arising out of or in anywise connected with the operation of the Northern Breezes Sailing School or any activities on or the use of any facilities or equipment of Northern Breezes Sailing School. I grant full permission for Northern Breezes Sailing School to use photographs of my enrolled child in the legitimate accounts and promotion of this class.

### Certification of Swimming Skills

I/We the undersigned parent, parents, or legal guardian, do hereby certify the child enrolled can swim unaided for 40 yards and tread water for one minute.

### Parental Agreement

I/We understand that I/we are responsible for our child's or grandchild's behavior and conduct while at the Northern Breezes Sailing School and will see to it that our child adheres to the program rules. I/We agree to assume the obligation for expenses of repair and/or replacement of program equipment that is attributed to our child's reckless or irresponsible behavior and the expense of medical care if our child is injured. I/We agree to make an appointment for a parent/instructor or coach conference if requested.

### Student Conduct

Students are required to follow the Northern Breezes Sailing School code of good conduct. Respect for fellow students, safety, equipment, and the facility are paramount. When behavioral problems occur, every effort will be made to resolve the problem. If the behavioral problem is repeated or is serious, a Northern Breezes Sailing School staff member will contact the parent. There are no refunds for expulsion from Northern Breezes Sailing School for behavioral problems.

### What Students Should Bring

- 1) Lunches are not provided for students. We recommend students who participate in full day sessions bring their own sack lunch and bottled water. Drinking Water is available on site. Limited beverages are available for purchase from the park.
- 2) Snacks are a good idea for students to bring to any class. Snacks should be nutritious and provide an energy burst. Snacks high in sugar should be avoided.
- 3) We recommend that students provide their own lifejacket for their comfort and fit. Lifejackets must be US Coast Guard approved and fit properly. Students will be required to wear their lifejackets or our lifejackets while on docks, in the water, and aboard boats during class time.
- 4) Water compatible shoes must be worn at all time. Ideally, shoes will be white soled and easily fastened. Velcro-fastened sandals, sailing boots, and aqua socks are also acceptable. Sailing is a water sport. Students should expect to get wet. Students should wear or bring a swimsuit to class. A warm, dry change of clothing, windbreaker, towel, hat, sunscreen, sunglasses are also strongly recommended and should be stored in a duffle bag or backpack. Student's names should be placed on all items brought to class. Sunscreen should be applied before class.

Signature of Father, Mother, Guardian, or Adult Student

Date

# Northern Breezes Sailing Camp

## Mission Statement

At Northern Breezes Sailing Camp, youth ages 8-16 are introduced to the lifelong sport of sailing. Campers learn to skipper and crew a centerboard sailboat in light to moderate wind and sea conditions in familiar waters with supervision. Campers gain confidence, teamwork and leadership skills, as well as knowledge of water safety.

## Choosing a Class

There are three opportunities for instruction in a day camp environment. Our focus at each level is acquiring lifelong sailing skills, having fun while learning and empowerment of students with confidence and self-esteem through the safe operation of sailboats. To determine the best course, consider your child's age, skill, and nature.

Camps are for children age 8-16 years with an interest in learning to sail. The emphasis in Camps is to offer a positive atmosphere for learning both sailing and life skills. Instructors help students safely expand their confidence through a series of small accomplishments and self discovery. Classes are offered in two age groups. The 8-12 year olds start with Walker Bay 8 Dinghies, they can then move to Walker Bay 10 Dinghies. Selected 10 to 12 year olds can move to WindRider 17 Trimarans. The 13-16 year olds start with Walker Bay 8 solos, and then move quickly to Walker Bay 10 Dinghies and on to WindRider 17 Trimarans. All levels of recreational sailing are taught here. American Sailing Association Basic Small Boat certification is available for dedicated campers who wish to prepare for and take a written exam.

Racing is an activity which focuses students on the finer aspects of sail trim and sailboat handling. It is not our main focus. We want sailing to be fun like an intramural sport.

We are always happy to accept and work with parents or older siblings in a volunteer capacity. Feel free to call regarding the best choices for your children and other questions.

## Dinghy Basic Sailing Camp

Create unforgettable memories for your child.

Dinghy Basic Sailing Camp is the ideal course for students ages 8-10 that have completed 2nd-4th grade. Older campers are often introduced here and moved on to bigger boats. Classes run full days from 9:00 A.M. until 4:00 P.M., Monday through Friday. Half day sessions are also available. They run from 9:00 A.M. until Noon and 1:00 P.M. to 4:00 P.M. Students learn using the American Sailing Certification System. On a typical day, our instructors lead short classroom discussions on the skills that will be covered. Building on that knowledge, instructors introduce land drills, where students learn skills in a safe and comfortable setting, making on the water sailing lessons more effective.

Instructors arrange classes into three levels: Dinghy Basic Crew, Dinghy Basic Skipper and Dinghy Basic Solo. Entry level students begin as Dinghy Basic Crew sailing with Dinghy Basic Skippers. Eventually, students graduate to sail on their own as Dinghy Basic Solo sailors.

Swimming, rowing and games are interspersed throughout the day in order to make this an awesome aquatic experience and to deal with variable weather conditions.

We recommend students bring their own lunches, bottled water and snacks as well as a lifejacket, change of clothes and towel. We have lifejackets if your camper does not.

Limit of 30 Students per Session across all three programs.

# Dinghy Advanced Sailing Camp

Create unforgettable memories for your child.

Dinghy Advanced Sailing Camp is the ideal course for students ages 11-13 who have completed 5th-8th grades. Classes run full days from 9:00 A.M. until 4:00 P.M., Monday through Friday. Half day sessions are also available. They run from 9:00 A.M. until Noon and 1:00 P.M. to 4:00 P.M. Students learn using the American Sailing Certification System. On a typical day, our instructors lead short classroom discussions on the skills that will be covered. Building on that knowledge, instructors introduce land drills, where students learn skills in a safe and comfortable setting, making on the water sailing lessons more effective.

Instructors arrange classes into three levels: Dinghy Advanced Crew, Dinghy Advanced Skipper and Dinghy Advanced Solo. Entry level students, based on their size, will either be asked to solo on the smaller Dinghies or the larger dinghies. They progress to Dinghy Advanced Crew sailing with Dinghy Advanced Skippers. Eventually, students graduate to sail on their own as Dinghy Advanced Solo sailors.

Swimming, rowing and games are interspersed throughout the day in order to make this an awesome aquatic experience and to deal with varying weather conditions.

We recommend students bring their own lunches, bottled water and snacks as well as a lifejacket, change of clothes and towel. We have lifejackets if your camper does not.

Limit of 30 Students per Session across all three programs.

# Small Boat Advanced Sailing Camp - WindRider 17

Treat your child to an exhilarating adventure.

The WindRider 17 Sailing Camp is the ideal course for students ages 13-16 who have completed 7th-10th grades. Younger campers who have completed Dinghy Basic or Dinghy Advanced are often introduced to these boats. Classes run a full day from 9:00 A.M. until 4:00 P.M., Monday through Friday. Half day sessions are also available. They run from 9:00 A.M. until Noon and 1:00 P.M. to 4:00 P.M. Students learn using the American Sailing Certification System.

On a typical day, our instructors lead classroom discussions on the skills that will be covered. Building on that knowledge, instructors introduce land drills, where students learn skills in a safe and comfortable setting, making on the water sailing lessons more effective. Instructors are usually aboard this boat to facilitate learning.

Instructors arrange classes into three levels: WindRider 17 Crew, WindRider 17 Skipper and WindRider 17 solo. Entry level students will be asked to solo on the smaller dinghies before beginning as WindRider 17 Crews who will move on to be WindRider 17 skippers. This is a boat your graduate students can comfortably take you sailing aboard.

Swimming, rowing and games are interspersed throughout the day in order to make this an awesome aquatic experience and to deal with varying weather conditions.

We recommend students bring their own lunches, bottled water and snacks as well as a lifejacket, change of clothes and towel. We have lifejackets if your camper does not.

Limit of 30 Students per Session across all three programs.